

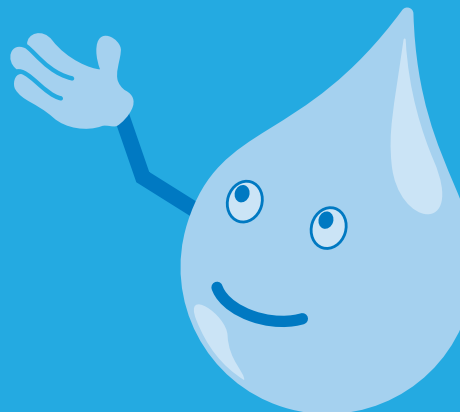
REACT

MOISTURE

**Competency Assessment for
Moisture Lesions**

Identifying, Preventing and Managing

positive
about integrated healthcare



Moisture

	Competent	Further Training
Can describe what a moisture lesion is.		
Is able to describe where moisture lesions are predominantly found.		
Is able to describe what causes a moisture lesion.		
Can name the two main causes of a moisture lesion found in a care home setting.		
Understands the damage that urine and faeces can cause to the skin.		

Risk

Can identify residents that are at risk of moisture damage.		
Can describe other factors that can influence a resident at risk of moisture damage.		
Is able to relate the signs and symptoms of a urine infection.		

Look

Can describe the main characteristics of a moisture lesion.		
Can describe the main characteristics of a pressure ulcer.		
Understands what different signs of moisture damage to look for in residents with darkly pigmented skin.		

Blanch

Is able to perform the blanch test and understand the results.		
Knows how to report any areas of redness or broken skin and who to report this to.		
Understands that skin with moisture damage is more susceptible to pressure damage.		
Demonstrates an understanding of the adverse effects that moisture damage of the skin can cause to a resident.		

React... Essential Care

	Competent	Further Training
Demonstrates that regular toileting is promoted.		
Understands what a personalised toileting plan means.		
Is able to name other essential factors that may have an effect on a resident's continence.		
Name the assessment that is vital in preventing moisture damage occurring.		
Understands the importance of early recognition of a urine infection and what to do if one is suspected (this should include who to report to).		
Can apply and fit a continence PAD correctly.		
Demonstrates knowledge of how continence PAD sizes are assessed.		
Understands when continence PADs need changing.		
Demonstrates good hygiene skills for both staff and residents.		
Can explain what barrier products do in the prevention of moisture damage.		
Understands the difference between oil based and water based barrier products.		
Knows where to refer to for the barrier product of choice, and its correct application.		

React... Treatment & Management of Moisture Lesions

Can explain why a moisture lesion may deteriorate.		
Can demonstrate an understanding between mild, moderate and severe moisture damage.		
Demonstrates an understanding of the treatment for each stage of moisture damage.		
Can name the other professionals that may be contacted for support or advice.		

	Competent	Needs Further Training
Overall Result		

Name of Assessor:	Signature of Assessor:	Date:

The above result has been discussed with me and advice has been given.

Signature of Trainee:	Date:



Contact Details:

Your Local Tissue Viability Team

www.nottinghamshirehealthcare.nhs.uk

© Copyright 2019 Nottinghamshire Healthcare NHS Foundation Trust

Designed and produced by: www.crocodilehouse.co.uk

Funded by:

East Midlands
Academic Health
Science Network



Igniting Innovation